

CELEBRATING SUE'S 20 YEARS!

BY ASHLEY HEHER



It was 20 years ago when a friend told Sue Cox about a relatively new program run by Lutheran General Hospital that matched nurses with area congregations to offer everything from health education to advice on how faith and health relate.

"She gave me the information at the time and said this sounds like you," remembers Sue. "I read it and I said I thought it sounded really intriguing."

Two decades later, Sue's fallen in love with a unique career path that allows her to work with everyone from new parents to ailing seniors, while becoming a unique and vital part of LVPC's ministry.

"It really allows me to connect my faith and my professional life in a wonderful way," she shares.

"To have a parish nurse on the staff of a church is unique," says Pastor Joy. "To have a parish nurse like Sue is a blessing! Her presence among us for the last 20 years has significantly raised the health quotient of our congregation. We are extremely fortunate to have her steady, pastoral presence with us as we seek wholeness in mind, body, and spirit!"

A registered nurse for 29 years, Sue entered the parish nursing program by



splitting her parish nursing time with nearby Lake View Lutheran and LVPC. But about six years ago as LVPC's congregation and outreach efforts grew and Lake View Lutheran needed to withdraw from the program, she shifted her focus to LVPC.

Today, she splits her time between her parish nurse duties at LVPC and working in the outpatient ambulatory surgery area at St. Francis Hospital in Evanston. (The parish nursing program is now part of Advocate Health Care.)

At church, she spends time working with the seniors, offering periodic "10 Healthy Minutes" after church services and holding education events and personal health counseling by offering tips on everything from ailments to blood pressure.

"Hopefully I'm helping people see that relationship between their faith and their health, which is sometimes a clear thing and sometimes it's not,"

she says. "We're not just physical bodies that have health problems. There's such a spiritual dimension and an emotional dimension to us and they all work together intricately to make us more healthy and less healthy depending on the pieces and where the pieces are."

For people like LVPC member Samantha Caldwell, Sue's also a "sounding board" for the soon-to-be single mother of a child of a different race.

"Aside from Sue's friendly smile and kind words, and her ability to resolve conflict, she has been a great resource," Samantha says. "I think the traits she has shown with this small area of her ministry and care giving is exemplified in all of her interactions with people—a resource for so much, inquisitive, affirmative, supportive, thought-provoking, gentle."

For her part, Sue's seen her ministry grow and change over the past two decades, but sees the impact she's had first hand with the seniors, a group whom she says she's most intimately connected. "I've been here so long and there are people in that senior community that I've known for 20 years now," she says. "I think that puts me probably in a better position to be influential with people in terms of maybe challenging them in whatever way they might need, or assisting them if they're needing help. They have a trust with me that lets me be a little more interventional with them."

LVPC will present Celebrate Sue Day on October 11 after morning worship. Sign up in the back of the Sanctuary.☞

A BIG THANK YOU



JOY DOUGLAS
STROME

Although I've been back from my sabbatical for almost two months now, I've never been able in print to officially say thank you for allowing me to participate in a wonderful three-month-long break. If you were able to come to my welcome home lunch you heard some of the stories about all my travels. I was fortunate to get to travel to the Canadian Rockies with my parents, to hike in Vermont with my sister, to travel to Ohio for Maggie's college graduation, to travel to the Ozark Mountains for retreat and rest, to be in Chicago when Grace returned from China, and to finally spend five wonderful weeks in Scotland, first on my own and then with Paul. I was on the island of Iona for retreat where I read a lot, hiked, and worshiped with Presbyterians from literally all over the world at Iona Abbey. When Paul joined me, we were able to hike the 78-mile trail called the Great Glen Way, return to the Glencoe area (Our favorite place in Scotland!), travel to the most northern edge of Scotland, and even see the Orkney Islands.

It was the perfect way for me to be rejuvenated. I spent time with my family, saw new sights, read to my heart's content, and walked a lot! By the time July 19th rolled around, I was ready to come home and back to work. The break has done me a world of good, given me a real appreciation for the work that we do together, and the wonderful gift of rest that all of us ought to participate in when we are given the chance.

My sincere thanks go to the staff at LVPC who had to pick up the slack created by my absence, and for the presence of David Bebb Jones, our visiting pastor,

who took my place while I was gone. Thanks also to all of you, who supported this decision, helped me through the grant writing process, participated in book studies while I was away, and welcomed me home again!

Fall is here. The time for rest is over. Thank God for Lake View Presbyterian Church!☩

FAMILY HAPPENINGS ABOUND

BY ERIC DIEKHANS

As more families with children come through LVPC's doors, there's a lot for parents and kids to do at church this year.



Sunday School

This year's Sunday school classes feature four new teachers and a slight change in the class age groups. Christy

Bockheim and Maggie Strome will teach the three-and-four-year-olds; Kirstin Smith and Samantha Caldwell will continue to teach kindergarten through second grade; Sung-Ae Reed will join Kirsten Gettings to teach third through sixth grade; and Tina Pak and Maria Earman Stettler take over the seventh grade and older class.

Last year, the children learned about giving by donating each week to the Heifer Project. They collected enough money to buy a share of a water buffalo, a flock of chickens, a llama, rabbits, bees,

and a flock of ducks. Once again, they'll be contributing money to fund this important venture. (To find out more about Heifer Project, visit www.heifer.org.)

Children's Choir

LVPC Choir Director Jackie Klindera takes over leadership of the children's choir this year. "I am really looking forward to working with the kids," she shares. "It was in Sunday school that I started to build a musical and religious foundation, and I still remember many, many songs that I loved." Look for the children's choir to sing in service each month.

Wednesday Evenings

Two new groups began meeting in September on the third Wednesday of each month. The Gathering Place brings together Sunday school children for a fun evening from 6:00 to 7:30 p.m. Kirsten Gettings says, "It's a chance for the kids to play games, sing songs, and continue some of the lessons from Sunday school."

While the kids are gathering, parents will get some time of their own in the LVPC Parents Group. They'll enjoy fellowship and learning as a new topic is discussed each month.

Milestones Program

This year, LVPC introduces a Milestones Program as a way for children, parents, guardians, and the congregation to remember the vow made a baptism "to provide nurture and guidance within the community of faith." On Wednesdays at The Gathering Place, each age group will learn more about a topic like the Lord's Prayer, communion, and stewardship and mission. At the end of the year, they'll mark the completion of that milestone and look forward to exploring another topic next year.☩



CALENDAR



OCTOBER

EVERY SUNDAY

Sunday service in the Sanctuary at 9:00 a.m. and 11:00 a.m. Childcare is provided in the Mulford Room. Coffee hour and time for fellowship immediately follow both services.

Sunday school for children at 10:00 a.m. Classes for ages 3-4 and grades K-2, 3-6, and 7-up meet in the Parish House.

Choir practice at 10:15 a.m.

Share your thoughts about faith and life in Begin@10 class, 10:00 a.m. in the Chapel. This year's group is guided by the web site The Thoughtful Christian, (www.thethoughtfulchristian.com). It will focus on current events and the faith response.

Free parking is available evenings and weekends in the Recycled Paper Company lot north of the church. Access the lot from the alley.



SUNDAY, OCTOBER 4

Lake View Pantry food donations and Two Cents A Meal offerings will be taken at the morning worship services. Keep the peanut butter and jelly coming!

Sue Cox will give blood pressure screenings between worship services.

TUESDAY, OCTOBER 6

Regular exercise is the key to vitality, so join the Seniors in Motion fitness class. An exercise specialist from Advocate Fitness leads the group. Class begins at 10:00 a.m. in Fellowship Hall.

Young Adult Bible Study meets at 6:30 p.m.

Crossroads Intergenerational Bible Study meets at 6:30 p.m.

WEDNESDAY, OCTOBER 7

Senior Book Group meets at 12:15 p.m.

Choir rehearsal at 7:15 p.m.

THURSDAY, OCTOBER 8

Senior Movie Matinee at 12:30 p.m.

The Eco-Justice Task Force is sponsoring a special forum at 7:00 p.m. featuring the documentary, *The Power of Community: How Cuba Survived Peak Oil*. You can also meet Rev. Muriel Miller and Rev. Linda Wygant, who will be leading a Presbytery of Chicago trip in January 2010 to Cuba. This trip will include a focus on issues of peak oil and organic agriculture as one response to this phenomenon. LVPC members are welcome to join the delegation.

New Members Class continues. See October 1.

ADVANCE WARNINGS: SIGN UP NOW!

New Members Class—See October 1
How Cuba Survived Peak Oil—

See October 8

Celebrate Sue Day—See October 11

Men's Retreat—See October 16

CROP Walk—See October 18

Seniors Retreat—See October 20

Who Will Decide for You?—

See October 29

THURSDAY, OCTOBER 1

Senior Movie Matinee at 12:30 p.m.

Deacons meet at 6:00 p.m.

Find out what it means to be a Presbyterian and a member of LVPC at the New Members class, beginning at 7:00 p.m. Sign up in the back of the Sanctuary.

FRIDAY, OCTOBER 2

A Taize service features scripture reading, repetitive singing, and meditative silence, combining traditional worship forms in a contemporary way. The goal is to enable participants to remain open to the voice of God and discover the prayer within themselves. Join us tonight at 7:00 for Taize.

Cafe Pride provides a safe social space from 8:00 p.m. to midnight for lesbian, gay, bisexual, transgendered and questioning youth and their allies, ages 16-24.

SATURDAY, OCTOBER 3

Everyone's welcome to pitch in at LVPC's Fall Clean Up. It takes place from 9:00 a.m. to noon outside and in the Sanctuary and Chapel.

FRIDAY, OCTOBER 9

Cafe Pride meets from 8:00 p.m. to midnight. See October 2.

SUNDAY, OCTOBER 11

Don't miss Celebrate Sue Day in honor of Sue Cox's 20th anniversary serving LVPC. There will be a potluck luncheon in her honor following the 11:00 a.m. service. Bring a salad to share. Sign up in the back of the Sanctuary.

New members will be received at morning worship.

MONDAY, OCTOBER 12

Finance Committee meets at 6:30 p.m.

TUESDAY, OCTOBER 13

Seniors in Motion fitness class meets at 10:00 a.m. See October 6.

Eco-Justice Taskforce meets at 6:00 p.m.

Young Adult Bible Study meets at 6:30 p.m.

Crossroads Intergenerational Bible Study meets at 6:30 p.m.

WEDNESDAY, OCTOBER 14

Senior Book Group meets at 12:15 p.m.

Choir rehearsal at 7:15 p.m.

THURSDAY, OCTOBER 15

Senior Movie Matinee at 12:30 p.m.

FRIDAY, OCTOBER 16

Cafe Pride meets from 8:00 p.m. to midnight. See October 2.

The Men's Retreat kicks off today. They'll be returning to Conference Point Center on Lake Geneva. Kirk Johnston, LVPC's Field Placement Student, will lead a discussion of *The Language of God* by Francis S. Collins. The cost \$130 and includes accommodations (including linen), four full meals and a snack on Friday evening, the cost of the book, and transportation there and back. Sign up in the back of the Sanctuary.

SATURDAY, OCTOBER 17

Session meets at 9:00 a.m.

The Men's Retreat continues today. See October 16.

**SUNDAY, OCTOBER 18**

The Men's Retreat continues today. See October 16.

After both services today Parish Nurse Sue Cox will provide us with Ten Healthy Minutes. She'll enlighten us about a health topic in just 10 minutes.

Join LVPC to walk in the annual CROP Walk to fight hunger. It steps off at 2:15 p.m. on the UIC campus. Sign up in the back of the Sanctuary.

MONDAY, OCTOBER 19

Social Justice Committee meets at 7:15 p.m.

TUESDAY, OCTOBER 20

Seniors in Motion fitness class meets at 10:00 a.m. See October 6.

The Seniors Retreat kicks off today as they travel to Lutherdale Retreat Center in Wisconsin. See Sue or Larissa for details.

Young Adult Bible Study meets at 6:30 p.m.

Crossroads Intergenerational Bible Study meets at 6:30 p.m.

WEDNESDAY, OCTOBER 21

The Seniors retreat continues today.

Senior Book Group meets at 12:15 p.m.

The new Lake View Parents Group meets at 6:00 p.m. To find out more, see the article on page 2.

While the parents are meeting, kids are invited to The Gathering Place. They'll sing songs, play games, and learn more about the Bible. It begins at 6:00 p.m.

Worship Committee meets at 6:00 p.m.

Choir practice at 7:15 p.m.

THURSDAY, OCTOBER 22

The Seniors Retreat continues today.

Senior Movie Matinee at 12:30 p.m.

FRIDAY, OCTOBER 23

Cafe Pride meets from 8:00 p.m. to midnight. See October 2.

SATURDAY, OCTOBER 24

The Lawn and Garden Club meets from 9:00 a.m. to noon.

LVPC Book Study meets at 10:00 a.m. to discuss *Cutting for Stone* by Abraham Verghese.

TUESDAY, OCTOBER 27

Seniors in Motion fitness class meets at 10:00 a.m. See October 6.

Young Adult Bible Study meets at 6:30 p.m.

Crossroads Intergenerational Bible Study meets at 6:30 p.m.

WEDNESDAY, OCTOBER 28

Senior Book Group meets at 12:15 p.m.

Buildings and Grounds Committee meets at 6:00 p.m.

Choir practice at 7:15 p.m.

THURSDAY, OCTOBER 29

Senior Movie Matinee at 12:30 p.m.

Research shows that when the time comes to make important end-of-life decisions, approximately 50% of people are incapable of participating in those decisions. *Who Will Decide for You?* is a two-week class devoted to the process of reflecting on end-of-life care. It will provide information about our current health system's norms and requirements, and will build in time to complete Advance Directives documents. Class begins at 7:00 p.m. Sign up in the back of the Sanctuary.

FRIDAY, OCTOBER 30

Cafe Pride meets from 8:00 p.m. to midnight. See October 2. ♡

WHO YOU KNOW



BY ERIC
DIEKHANS

JACKIE KLINDERA

Jackie Klindera fills some big shoes as LVPC's new choir director. A music and theater major at University of Wisconsin, Eau Claire, she has worked in musical theater and as a voice teacher and choir director. She's been the recipient of several singing scholarships.

What do you hope to bring to LVPC's music repertoire?

I truly hope to see the choir do a variety of music styles. I'd really like to find something for everyone. There are so many beautiful songs to be sung, it's really difficult to choose! I hope to keep the choir feeling challenged and excited about what we're singing while working with Joy to pick songs that really speak to the message that is key to that particular day of worship. We should learn something new, we should enjoy what we're singing, we should sound good singing it, but, most importantly, we ALL should feel something when we hear or sing it! It must be something we all connect to.... choir and congregation.

What are some of your goals for the choir?

We'd like to learn to listen to each other and sing with one another. We'd like to be better sight readers. We'd like to improve our intonation and our musical knowledge. We'd like to find a way to connect with each other and the music. These are goals that are always in progress. If we think we've reached them, we are no longer good musicians. Oh, and watch the conductor!

What's the hardest thing about being a church choir director?

So many great songs to sing, so little time! Listening. It's hard to listen to the individual sections and individual voices and the group as a whole and also LEAD the group. So that's what I need to work on the most! Thinking, Leading, Counting, Singing, Listening, and Feeling all at the same time! But I love the challenge.

What do you do for fun?

Sing, act, dance, play with my baby boy Max (1 year old August 15), hang out with my funny, awesome husband, Danny, and grow my photography business by shooting, shooting, shooting (www.jackiejaspersen.com).

If you were stranded on a desert island, what 5 CDs would you like in your backpack?

If I was stranded, I would need comfort, maybe I should bring some old Amy Grant. But then again, maybe I would want to dance and cheer myself up, so I should bring an 80's mix CD. Then again, bluegrass would be good, too! Oh, and some country! Something I could sing along with, like Martina McBride.... LOL...this question will haunt me for months.☹

ACADEMY FOUNDER RETURNS

BY JOY DOUGLAS STROME

Former LVPC pastor Bill Cohea visited Lake View Academy, the school he founded almost 40 years ago, to help celebrate the first day of classes September 8. At the beginning of each school year, the new students are usually told the story of the founding of the school by Anita Smith (one of the founding teachers) and Deb Bayly (who came two years later). This year, Bill added some colorful details to the early days of Lake View Academy.

Bill and his family were on vacation the summer before the school opened. A group of high school students had been working at the church through a city-wide program designed to keep youth busy and off the streets over summer break. When Bill returned, the church secretary informed him that the students had asked to go into the Sanctuary each day to pray for a school to open that fall. Bill went to LVPC's Session to see if they were willing to consider a school in the Parish House. One Session member called for prayer. She got off her chair and went down on her knees. One by one, the others followed, and though it isn't a typical Presbyterian posture for prayer, they all found themselves kneeling together as they made this important decision.



BILL COHEA WITH ANITA SMITH

Bill told the students some wonderful stories of the early days of the school. The students that first year decided to start an alternative Christian gang to protect the school. He shared with them how he used up the Deacon's Fund in the first year bailing students out of jail. Anita told the story of starting each day with ping-pong just to get students to school on time.

The school has changed a lot since then, but its mission remains the same: to provide quality alternative education to youth who will not succeed in the public school system.

Bill Cohea now lives in Pennsylvania and has spent most of the years since he left LVPC creating Columcille Megalith Park, a retreat center in Eastern Pennsylvania. Check out their website at www.columcille.org.☹

LVPC



ARTS

Kara Kesselring performs:

October 7 & 21, *Jersey Boys*, Bank of America Theatre, Chicago,
www.jerseyboysinfo.com☯

COMING

UP

LVPC returns to the Gulf Coast for another Katrina Work Trip, November 1–7. Contact Sandy Roberts (847) 864-1527 or dvasanclin@earthlink.net for more information.☯

Submission deadline for the November issue is October 15. Send articles, calendar listings, rants, and raves to Eric Diekhans at ericdiekhans@ameritech.net.☯

CHIMES

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